

LUTHERAN SENIORLIFE RESOURCE LISTING

Part of our Health & Wellness Ministry is connecting members of the community to resources available in southwestern Pennsylvania. While resources on other topics are included in our listing, we have focused primarily on health/wellness topics and senior/caregiver resources. Inclusion in this listing does not necessarily imply our endorsement.

Your feedback is important to us! Let us know how any of these resources worked for you by completing our Inquiry Form, found at <http://www.lutheranseniorlife.org/contact>. **Please be sure to include the name(s) of the resource(s) on which you are commenting. Thank you!

HEALTH & WELLNESS RESOURCES

Speakers Bureau

Lutheran SeniorLife employs experts on a variety of topics, including specific health concerns, navigating health care facility options, grief, starting a health & wellness ministry, or any other wellness topic of interest to you.

Call Patty Davidson at (412) 367-8222 or e-mail her at patricia.davidson@lutheranseniorlife.org to arrange for a free speaker at your next group meeting or event.

Pittsburgh Mercy's Parish Nurse & Health Ministry Program

<https://www.pmhs.org/parish-nurse-program/index.aspx>

Pittsburgh Mercy's Parish Nurse & Health Ministry Program – Helpful Links:

<http://www.pmhs.org/parish-nurse-program/helpful-links.aspx>

Health-Related Observances

<http://www.healthfinder.gov/nho/default.aspx>

Find an organization/support group for a specific disease

<http://www.geneticalliance.org>

Immunization/Vaccine Information

<http://nip-it.org>

Resources for Diabetics

<http://www.lillyforbetterhealth.com>

“Healthy People 2020” Initiative

<http://www.healthypeople.gov>

Draw a Genogram to look for patterns of health issues in family history

<http://www.smartdraw.com/specials/genealogy.asp>

Regional Health Literacy Coalition (RHLC)

This group of organizations promotes an understanding between health care providers and their patients. Their website offers questions to ask your doctor, provides advice for how to approach health care visits, and links you to respected advice.

www.ahealthyunderstanding.org

Finding Demographics for Your Community

<http://www.factfinder.census.gov>

<http://quickfacts.census.gov/qfd/index.html>

RESOURCES FOR SENIORS & THEIR CAREGIVERS

Lutheran SeniorLife

www.lutheranseniorlife.org

Alzheimer’s Care

Passavant Community (Zelienople)

<http://www.lutheranseniorlife.org/senior-living/locations/passavant-community>

RoseCrest Assisted Living (Mars)

<http://lutheranseniorlife.org/senior-living/locations/rosecrest-assisted-living>

St. John Community (Mars)

<http://lutheranseniorlife.org/senior-living/locations/st-john-specialty-care-center>

Assisted Living

RoseCrest Assisted Living (Mars)

<http://lutheranseniorlife.org/senior-living/locations/rosecrest-assisted-living>

Community Centers for Active Older Adults

Center at the Mall (Beaver County)

<http://www.CenterAtTheMall.com>

Herminie Senior Center (Westmoreland County)

<http://www.LSSWPA.org/programs/senior-centers-directory>

Jeannette Senior Center (Westmoreland County)

<http://www.LSSWPA.org/programs/senior-centers-directory>

McKenna Senior Center (Westmoreland County)

<http://www.LSSWPA.org/programs/senior-centers-directory>

PrimeTime Senior Center (Allegheny County)

<http://www.LSSWPA.org/programs/senior-centers-directory>

Home Health / Nursing Home Alternatives

BeHome Partners™

<http://lutheranseniorlife.org/senior-living/services/home-health-hospice>

Providing personal care at home, light housekeeping, and companionship

Home Safe Home

<http://valleycareassociation.org/HomeSafeHome.html>

Providing home modifications to make living at home safer and easier for older residents of Allegheny, Beaver, Butler, Lawrence, and Washington Counties

LIFE Armstrong County

<http://lutheranseniorlife.org/LIFE>

LIFE Beaver County

<http://lutheranseniorlife.org/LIFE>

LIFE Butler County

<http://lutheranseniorlife.org/LIFE>

LIFE Lawrence County

<http://lutheranseniorlife.org/LIFE>

Lutheran Service Society Meals On Wheels

<http://www.LSSWPA.org/programs/meals-wheels>

Valley Care Adult Day Services

<http://www.lutheranseniorlife.org/senior-living/locations/valley-care>

VNA, Western Pennsylvania

<http://lutheranseniorlife.org/senior-living/locations/vna-western-pennsylvania>

Hospice

VNA of Western Pennsylvania

<http://lutheranseniorlife.org/senior-living/services/home-health-hospice>

Long Term Care

Passavant Community

<http://www.lutheranseniorlife.org/senior-living/locations/passavant-community>

St. John Community

<http://lutheranseniorlife.org/senior-living/locations/st-john-specialty-care-center>

Older Adult Protective Services

<http://www.LSSWPA.org/programs/protective-services-seniors>

To report suspected elder abuse, neglect, or exploitation in Pennsylvania, call 1-800-490-8505. This phone answers 24/7.

Personal Care

Passavant Community

<http://www.lutheranseniorlife.org/senior-living/locations/passavant-community>

St. John Community

<http://lutheranseniorlife.org/senior-living/locations/st-john-specialty-care-center>

VNA, Western Pennsylvania

<http://lutheranseniorlife.org/senior-living/locations/vna-western-pennsylvania>

Rehabilitation Services

LIFE (Living Independence For the Elderly) Programs

<http://lutheranseniorlife.org/LIFE>

Passavant Community

<http://www.lutheranseniorlife.org/senior-living/locations/passavant-community>

St. John Community

<http://lutheranseniorlife.org/senior-living/locations/st-john-specialty-care-center>

Residential Living

Crown Pointe at Clearview (Butler County)

<http://lutheranseniorlife.org/senior-living/locations/crown-pointe-clearview>

Lindwood Crest (Westmoreland County)

<http://lutheranseniorlife.org/senior-living/locations/lindwood-crest>

Lutheran Village at Chippewa (Beaver County)

<http://www.LSSWPA.org/programs/affordable-housing-directory>

Overbrook Pointe at St. John Community (Butler County)

<http://lutheranseniorlife.org/senior-living/locations/overbrook-pointe>

Passavant Community (Butler County)

<http://www.lutheranseniorlife.org/senior-living/locations/passavant-community>

St. Michael Village (Allegheny County)

<http://www.LSSWPA.org/programs/affordable-housing-directory>

The Commons at Stonebrook Village (Allegheny County)

<http://lutheranseniorlife.org/senior-living/locations/commons-stonebrook-village>

Skilled Nursing & Specialized Medical Services

Passavant Community

<http://www.lutheranseniorlife.org/senior-living/locations/passavant-community>

St. John Community

<http://lutheranseniorlife.org/senior-living/locations/st-john-specialty-care-center>

VNA, Western Pennsylvania

<http://lutheranseniorlife.org/senior-living/locations/vna-western-pennsylvania>

2015 Allegheny County Senior Resource Guide

<http://issuu.com/pghseniornews/docs/2015alleghenyguide-2?e=8324297/11137395>

2015 Beaver County Senior Resource Guide

<http://issuu.com/pghseniornews/docs/2015bcguide/1?e=8324297/11796920>

North Hills Community Outreach

<http://nhco.org/get-help/for-seniors/>

In Service of Seniors

Be matched with a volunteer, who can provide rides to medical appointments or the grocery store, rake leaves, shovel snow, do light yard work, make friendly visits or telephone calls, do home safety checks, or help reading and understanding bills.

Home Safety Inspections

Trained volunteers conduct brief but thorough free home safety assessments, using a written checklist to make recommendations for family members to adjust/remove potential hazards. They install smoke alarms (if needed) and leave seniors with a bag of safety items. After the check has been completed seniors qualify for either a free grab bar or an indoor railing installed at no charge.

Southwestern Pennsylvania Partnership for Aging (SWPPA)

<http://www.swppa.org/news-events/>

PA Behavioral Health & Aging Coalition

www.OlderPA.org This organization does outreach/education, provides Medicare counseling specific to behavioral health prescription medications, serves on statewide advisory committees, and advocates at the state and national levels on issues that will help to improve behavioral health services for older adults. Call 717-541-4219 or e-mail info@olderpa.org.

For Someone Contemplating Suicide

Call 9-1-1

Call 800-273-8255 (TALK)

For Any Crisis (Allegheny County Residents)

Resolve Crisis Network

1-888-796-8226 (1-888-7-YOU-CAN)

www.upmc.com/resolvecrisis

AARP – Information for Caregivers

www.aarp.org/SupportCaregivers

COUNTY RESOURCES

Aging Departments (a.k.a. Agencies/Offices on Aging, AAAs)

Allegheny County – 412-350-4234 (business office); 412-350-5460 (Senior Line)

<http://www.alleghenycounty.us/dhs/olderadults.aspx>

<http://www.alleghenycounty.us/dhs/aaa.aspx>

Armstrong County – 724-548-3290

<http://www.co.armstrong.pa.us/services/aaa>

Beaver County – 724-847-2262

<http://www.beavercountypa.gov/office-aging>

Butler County – 724-282-3008

<http://www.co.butler.pa.us/Area-Agency-on-Aging>

Fayette County – 724-430-4603 (SWPA Area Agency on Aging – Uniontown office), 724-489-8080 (SWPA Area Agency on Aging – Administrative Office, Charleroi)

<http://www.swpa-aaa.org/>

Greene County – 724-852-1510 (SWPA Area Agency on Aging – Waynesburg office), 724-489-8080 (SWPA Area Agency on Aging – Administrative Office, Charleroi)

<http://www.swpa-aaa.org/>

Lawrence County – 724-658-3729

<http://www.ccpgh.org/pages/services/senior-services>

Washington County – 724-228-7080 (SWPA Area Agency on Aging – Washington office), 724-489-8080 (SWPA Area Agency on Aging – Administrative Office, Charleroi)

<http://www.swpa-aaa.org/>

Westmoreland County – 724-830-4444

<http://www.co.westmoreland.pa.us/aging>

Mental Health Departments

Allegheny County – 888-796-8226

<http://www.alleghenycounty.us/dhs/mhservices.aspx>

Armstrong County – 724-548-3451 (Armstrong-Indiana Behavioral and Developmental Health Program), 724-543-2941 (Family Counseling Center), 1-877-333-2470 (24-hour crisis intervention, joint with Indiana County)

<http://aibdhp.org/>

Beaver County – 724-847-6225

<http://www.beavercountypa.gov/behavioral-health-and-developmental-services>

Butler County – 724-284-5114

<http://www.co.butler.pa.us/mh-ei-id>

Fayette County – 724-430-1370

<http://fcbha.org/MH.html>

<http://www.swpa-aaa.org/Link/index.html>

Greene County – 724-852-5276

<http://www.co.greene.pa.us/secured/gc2/depts/hs/mhs/mhs.htm>

Lawrence County – 724-658-2538, 724-652-9000 (24-hr mental health crisis service)

<http://www.ccpgh.org/document.doc?id=97> (Lawrence County LINK)

Washington County – 724-228-6832

<http://www.swpa-aaa.org/Link/index.html>

Westmoreland County – 724-830-3617

<http://www.co.westmoreland.pa.us/index.aspx?NID=841>

Drug & Alcohol Departments

Allegheny County – 412-350-3467 (business office); 1-888-796-8226/1-888-7-YOU-CAN
(24-hour drug/alcohol emergency/crisis assistance)

<http://www.alleghenycounty.us/dhs/substanceabuse.aspx>

Armstrong County – 724-354-2746 (joint with Indiana County and Clarion County)

<http://www.aidac.org>

Beaver County – 724-847-6225

<http://www.beavercountypa.gov/behavioral-health-and-developmental-services>

Butler County – 724-284-5114

<http://www.co.butler.pa.us/drug-and-alcohol>

Fayette County – 724-438-3576

<http://fcdaa.org/>

<http://www.swpa-aaa.org/Link/index.html>

Greene County – 724-852-5276

<http://www.co.greene.pa.us/secured/gc2/depts/hs/das/das.htm>

Lawrence County – 724-658-5580

<http://www.lawsca.org/>

Washington County – 724-223-1181

<http://www.swpa-aaa.org/Link/index.html>

Westmoreland County – 724-684-9000 ext. 4446

<http://wedacinc.org/>

MISCELLANEOUS RESOURCES

Lutheran Ministry in the Southwestern Pennsylvania Synod

www.faithworksswpa.com

Bethesda Children's Home

www.bethesda-home.org

Camp Agapé

www.campagape.org

Gettysburg Seminary

www.ltsg.edu

Glade Run Lutheran Services

www.gladerun.org

Lutheran Campus Ministry

www.lucpgh.com

Lutheran SeniorLife

www.lutheranseniorlife.org

Lutheran Service Society (now affiliated with Lutheran SeniorLife)

www.LSSWPA.org / www.lutheranseniorlife.org

Lutherlyn

www.lutherlyn.com

Southwestern Pennsylvania Synod

www.swpasynod.org

Thiel College

www.thiel.edu

**Free Tax Preparation for Low-Income Individuals in Southwestern Pennsylvania
Money in Your Pocket Coalition**
<http://pghfreetaxes.org/>

Adoption Resources

Lutheran SeniorLife / Lutheran Service Society Adoption & Foster Care Services
<http://www.LSSWPA.org/programs/adoption-and-permanency-program>

Downloadable Information

- [Financial Assistance for International Adoption](http://www.LSSWPA.org/sites/lsswpa.org/files/downloads/financial-assistance_international-adoption.pdf)
http://www.LSSWPA.org/sites/lsswpa.org/files/downloads/financial-assistance_international-adoption.pdf
- [Adoption Vocabulary List](http://www.LSSWPA.org/sites/lsswpa.org/files/downloads/adoption_vocabulary-list.pdf)
http://www.LSSWPA.org/sites/lsswpa.org/files/downloads/adoption_vocabulary-list.pdf

Helpful Websites for Information on Adoption and Children with Special Needs

- Children's Hospital of Pittsburgh
<http://www.chp.edu/>
- Internet Special Education Resources
<http://www.iser.com/>
- Pennsylvania Adoption Exchange (a.k.a. PA Statewide Adoption Agency, Statewide Adoption & Permanency Network, SWAN) – 1-800-585-SWAN
<http://www.adoptpakids.org/>
Please remember to request **Lutheran Service Society as your preferred provider.*
- National Adoption Exchange
<http://www.adoptuskids.org/>
- Disability Resource Guide
<http://medicareolutions.com/disability-resources.asp>

Helpful Websites for Information on International Adoption

- Rainbow Kids
<http://www.rainbowkids.com>
- Adoption.com
<http://international.adoption.com>
- ComeUnity
<http://www.comeunity.com/adoption/listservs.html>

Find Waiting Children

- AdoptUsKids
<http://www.adoptuskids.org>
- The National Adoption Exchange
<http://www.adoptex.org>
- Northwest Adoption Exchange
<http://www.nwae.org>
- Pennsylvania Adoption Exchange
<http://www.adoptpakids.org>

Additional Adoption Resources

- Joint Council on International Children's Services
<http://www.icics.org/>
- Lutheran Adoption Network
<http://www.lanadopt.org/>
- North American Council on Adoptable Children
<http://www.nacac.org/>
- Three Rivers Adoption Council
<http://www.3riversadopt.org/>

Assistance for the Homeless

Allegheny County

- Light of Life (men, women, children) – 412-258-6100
<https://www.lightoflife.org/>

Beaver County

- Crossroads Shelter, Beaver Falls (men) – 724-480-6667
This number serves as the County's Homeless Helpline from 4PM-9AM, Monday-Friday and all 24 hours Saturday-Sunday.
<http://www.LSSWPA.org/crossroads>
- The Cornerstone, Beaver Falls – 724-846-6400
Not a shelter, but the Cornerstone provides help with subsidized housing, utilities, and supportive services for families of veterans. This number serves as the County's Homeless Helpline from 9AM-4PM, Monday-Friday.
- Women's Center, Beaver (women and children) – 24-hour hotline: 724-775-0131; office: 724-775-2032
<http://womenscenterbc.org/>

Lawrence County

- City Rescue Mission, New Castle (men) – 724-652-4321
<http://www.cityrescuemission.org/>
- Covenant House of City Rescue Mission, New Castle (women & children) – 724-662-4349
<http://www.cityrescuemission.org/page.aspx?id=232357>

Washington County

- Washington City Mission (men, women, children) – 724-222-8530
<http://www.citymission.org/>

Other

- Rescue Mission of the Mahoning Valley, Youngstown, Ohio (men, women, children) – 330-744-5486
Couples/families can reside together; marriage license required
<http://www.rescuemissionmv.org/>
- Warren Family Mission, Warren, Ohio (men, women, children) – 330-394-5437 (330-394-LOVE)
<https://warrenfamilymission.com/>