



## Class Evaluation Form

Your honest and sincere evaluation helps ensure that our programs are of the highest caliber, you are satisfied with our programs and they are meeting or exceeding your goals. Thank you!

Class: \_\_\_\_\_

Instructor: \_\_\_\_\_

Date: \_\_\_\_\_

**Rating Scale:**

Strongly Agree (4)

Agree (3)

Disagree (2)

Strongly Disagree (1)

<b>Registration</b>	1. Was efficient and user friendly.	4	3	2	1	N/A
	2. Website was easy to navigate.	4	3	2	1	N/A
<b>Class</b>	3. Setting and materials were conducive to learning.	4	3	2	1	N/A
	4. Met my personal expectations and goals.	4	3	2	1	N/A
<b>Instructor</b>	5. Was knowledgeable about subject matter.	4	3	2	1	N/A
	6. Treated participants with dignity and respect	4	3	2	1	N/A
<b>Overall</b>	7. ASPIRE® Wellness has helped me with my personal wellness journey.	4	3	2	1	N/A
	8. I would recommend ASPIRE® Wellness to others.	4	3	2	1	N/A
<b>Please provide any additional comments</b>						

Please write additional comments on the back of this form if necessary, then return to your instructor.