

Staying healthy and engaged is important. Our My Day Out adult day program offers companionship, fun and support.

Located in the Abundant Life Center at Passavant Community, My Day Out provides seniors living at home a safe place to come and spend the day socializing with friends.

From community outreach to pet visits, exercising and more, our participant's love having a say in the daily activities we provide. Convenient access to appointments and social services are an added benefit when you or a loved one enroll.

Once involved, day-to-day caregivers can rest assured that family members are in a secure environment. This allows them to tend to work and household responsibilities with guilt-free peace of mind. Ready to join the fun?

Lutheran SeniorLife Passavant Community 724-452-5400 www.lutheranseniorlife.org

Services

- Supervised Services
- Nutritious Breakfast, Lunch and Afternoon Snack
- Daily Activities, Events and Programming
- Assistance with Obtaining Therapies
- Assistance to Physicians Appointments Within Passavant Community
- Personal Care Assistance
- Medication Management
- Access to Social Services