

Get Back to Living a Full Life...



with Our Continuum of Care


Lutheran
SeniorLife

St. John Specialty
Care Center

www.lutheranseniorlife.org

Get The Care You Need...



With The Dignity You Deserve.

For more than a century, St. John Specialty Care Center has provided exceptional and compassionate care to older adults in western Pennsylvania. Our success comes from the Lutheran SeniorLife faith-based mission to provide adults with the highest quality of care in an environment where they are treated with dignity and respect.

From the time you leave the hospital, until you return home again, we help you through every phase of the recovery process. We can provide short-term and long-term nursing care and rehabilitation at St. John. And we have a range of specialized programs and services throughout Lutheran SeniorLife to help you transition through a continuum of care.

Dignified treatment is our distinction. To make your stay with us more personal and pleasant, we encourage you to wear street clothes, receive therapy in the gym, enjoy the outdoors in the natural habitat, take showers or a whirlpool bath in a spa-like setting and take trips to our hair salon.

We help individuals who are:

- Recovering from orthopedic injury or surgery such as a hip fracture or knee replacement
- Living with the effects of neurologic conditions such as stroke, Parkinson's disease or multiple sclerosis
- Recovering from heart problems after surgery or an illness
- Coping with a respiratory disorder or lung conditions that affect their ability to breathe on their own
- Getting back to normal following illness or traumatic injury

The integral balance of up-to-date, specialized services at St. John Specialty Care Center helps you progress through the various stages of recovery.

Live to...Go Home Again

...with comprehensive nursing care and rehabilitation

Following your admission, our interdisciplinary team develops a plan of care to monitor your progress and treatment throughout recovery. We also communicate and coordinate your care plan and progress with your physician as well as with any specialists and your family.

At St. John, you will receive the specialized nursing care you need to make the best recovery possible. Our skilled and experienced interdisciplinary team includes nurses, physicians, therapists, social workers, dietitians, activity specialists, clergy and others. Working together, they address a variety of needs – physical, emotional and spiritual.

Live to...Enjoy an Active Lifestyle

...with comprehensive rehabilitation

An outstanding rehabilitation team at St. John Specialty Care Center can ease your transition from hospital to home and back to your active lifestyle. Our team of highly skilled and experienced therapists provide the most effective care to help you recover from an injury, illness or surgery.

- Physical therapists know the latest treatments to reduce pain and improve muscle strength and balance. Exercises for joint mobility and training for functional mobility will enhance safety to return home.
- Occupational therapists are skilled at teaching activities that will enable you to function in performing daily household and personal care tasks.
- Speech therapists create strategies for safe swallowing and effective communication when speech or swallowing is affected by illness or injury.

Altogether, their expertise and experience enables you to be as independent as possible, as quickly as possible.





Live to...Breathe

...with care and rehabilitation for respiratory disorders

This specialized and highly successful program offers care for individuals who experience shortness of breath that interferes with daily activities and for those who have recurring hospitalizations for chronic lung problems.

Respiratory therapists are on site around the clock daily to care for you. Under the medical supervision of a board-certified pulmonary physician, our therapists also work closely with your physician during your recovery. And to provide safety and comfort, a ventilator alarm and call system enables a quick response in the event of an emergency.

St. John Specialty Care Center has helped many people who have been dependent on a ventilator or tracheostomy tube, whether their experience has been recent or long-term. Our respiratory therapy staff has successfully helped them breathe and function on their own, even when other ventilator weaning attempts have been unsuccessful.

The program is tailored to the individual's needs and may include:

- Tracheostomy care, ventilator management and ventilator weaning
- Aggressive airway clearance to improve lung function and reduce infection
- Pulmonary rehabilitation
- Oxygen therapy
- Bipap/CPAP
- Relaxation and breathing techniques
- Education about your treatment and care

Live to...Make new Memories

...with compassionate care and memory support

St. John Specialty Care Center has a long history of helping people with dementia – and others needing memory support – to find the joy and spontaneity in living an **Abundant Life®**.

We develop a plan of care based on the individual's needs and work to ensure a comfortable, safe and secure environment that maximizes function and reduces stress. Familiar faces and furnishings help our residents feel comfortable in their new home and neighborhood as they participate in therapeutic and enriching activities.

Our team of physicians and support staff in a variety of disciplines – including nursing, nutrition, social services, rehabilitation, pastoral care and activity specialists – work together to provide a safe and comfortable home environment where each resident is valued and appreciated.

The continuity of care and personal knowledge of each resident is an important benefit and instrumental in the person's ability to function normally. Regular assessments of the team determine the level of care that will be most beneficial to address residents' needs as they progress.

The specialized care includes activities, support, therapy and treatment appropriate as the person progresses through each phase. Creative expressive programming utilizing music, art and movement is provided on an individual or small-group basis. Other activities, such as the enjoyment of pets, crafts, culinary arts and sensory and memory stimulation, can be tailored to the individual.

Our experienced staff receives ongoing training in dementia-specific programming and the latest treatment advances. And their commitment to our faith-based mission is evident in the performance of their daily responsibilities. At St. John our work is more than a job. It's a commitment to our ministry to give residents the most enriching and fulfilling life possible.





Live to...Create your new Home

...with long-term nursing care

For some people who need skilled nursing care on an ongoing basis, returning to their own home, or living with a family member, is not a possible option. St. John Specialty Care Center has provided long-term nursing care for more than 100 years in a faith-based setting where your loved one can live life to its fullest.

A professional and experienced nursing staff provides expert care and much more. Committed to serving older adults as they progress through the aging process, our staff shows a vital interest in the person's well-being on a day-to-day basis. In fact, the staff of St. John from all disciplines – including environmental services, food and nutrition services, activities specialists and volunteers – share a close family feeling by treating the person with dignity and respect.

Our ministry forms the foundation for excellent care, so we also recognize the powerful role of faith and spiritual values in living a happy life. Our chaplains on staff, and scheduled church services, can minister to you and your family by giving spiritual guidance and comfort.

Live an *Abundant Life*®

Lutheran SeniorLife Locations

1. **Passavant Retirement Community**
401 South Main Street
Zelienople, PA 16063
724-452-5400
Outpatient Rehabilitation
724-452-6080
2. **St. John Specialty Care Center**
500 Wittenberg Way
P.O. Box 928
Mars, PA 16046
724-625-1571
Outpatient Rehabilitation
724-625-4849
3. **RoseCrest Assisted Living**
1000 Graham Way
P.O. Box 1285
Mars, PA 16046
724-625-1900
4. **Overbrook Pointe**
1500 Graham Way
Mars, PA 16046
724-687-3372
5. **The Commons at Stonebrook Village**
811 Village Drive
Pittsburgh, PA 15237
412-630-2200
6. **LIFE Beaver County**
131 Pleasant Drive, Suite 1
Aliquippa, PA 15001
724-378-5400
7. **LIFE Butler County**
231 West Diamond Street
Butler, PA 16001
724-287-5433
8. **LIFE Lawrence County**
2911 West State Street
New Castle, PA 16101
724-657-8800
9. **BeHome Partners™**
317 South Main Street
Zelienople, PA 16063
724-631-0200
10. **VNA, Western PA**
154 Hindman Road
Butler, PA 16001
724-282-6806

VALLEY CARE ASSOCIATION

11. **VCA, Ambridge**
345 Maplewood Avenue
Ambridge, PA 15003
724-266-9626
12. **VCA, Moon Township**
650 Cherrington Parkway
Moon Township, PA 15108
412-264-0104

