



## GUIDE TO SENIOR HOUSING AND CARE

When it comes to choosing the right level of care for your loved one, the choices can seem confusing and overwhelming. Lutheran SeniorLife offers a variety of options to suit every need.

### RESIDENTIAL LIVING

Also called independent living, these maintenance-free homes are available in a variety of styles including apartments, villas, patio homes and cottages.

[Passavant Community](#)

[The Commons at Stonebrook Village](#)

St. John Community, [Overbrook Pointe](#)

[Lindwood Crest](#)

[Crown Pointe at Clearview](#)

[Luther Court](#)

### PERSONAL CARE

Residents in personal care live in their own apartments with private baths. Meals are served in a common dining room to encourage socialization. Assistance can be given with daily living activities such as bathing, dressing or medication administration.

[Passavant Community](#)

St. John Community, [St. John Specialty Care Center](#)

### ASSISTED LIVING

Our innovative assisted living services are designed for those who are able to participate in daily living activities, but require 24-hour supervision and memory support services.

St. John Community, [RoseCrest](#)

### SKILLED NURSING

Skilled nursing is all-inclusive care for those who require regular, continuing assistance. It can either be short or long term. The best possible outcomes are achieved through programs such as ventilator services, rehabilitation or other specialized services.

[Passavant Community](#)

St. John Community, [St. John Specialty Care Center](#)



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If your loved one chooses to remain living in their own home, but requires some assistance, one of our community-based services might be right for you.

### HOME HEALTH AND PRIVATE DUTY SERVICES

In-home health services are designed to help seniors gain the highest level of independence and can include cardiac, cancer and diabetes care, post-operative and wound care and much more.

[VNA, Western Pennsylvania](#)

[BeHome Partners™](#) offers assistance with self-care, companion services and household help.

### LIFE PROGRAMS

The LIFE (Living Independence for the Elderly) Programs are one-stop health plans that allow eligible seniors to remain living safely at home by providing a full range of medical, social and rehabilitation services including primary care, prescription coverage and management, adult day services and home care.

[LIFE Armstrong County](#), [LIFE Beaver County](#), [LIFE Butler County](#), [LIFE Lawrence County](#)

### ADULT DAY SERVICES

These services give seniors the opportunity to come out and engage in social, recreational and educational activities, receive a nutritious lunch and get assistance and monitoring of activities of daily living.

[LIFE Programs](#)

[Valley Care](#)

[My Day Out Program](#)

### OUTPATIENT REHABILITATION

Our physical, occupational and speech therapists can address issues related to mobility, balance and fall prevention; memory and communication; vision changes; driver assistance and more.

[Passavant Community](#)

St. John Community, [St. John Specialty Care Center](#)

[Center at the Mall](#)

### MEALS ON WHEELS

[Meals on Wheels](#) provides a daily nutritious meal, a friendly smile and a safety check for eligible seniors in Beaver County.