



## Outpatient Therapy FAQs

### *How should I dress for therapy?*

For physical therapy and certain occupational therapy conditions, please dress comfortably in clothing that you can move in. Please wear shoes that allow you to move safely, such as sneakers.

### *I use a wheelchair or scooter. Will I be able to get into your office?*

Yes. All of our locations are handicapped accessible, including rest rooms. Many of our therapy equipment is designed to easily access or use with a wheelchair. Our pool also has a specialized lift if needed.

### *Do you take my insurance?*

Click [here](#) for a list of our contracted insurance providers. Contact us at (724) 452-3492 if you have questions about other plans or private pay.

### *If I have a co-pay, when do I pay it?*

Co-pays will be billed to you monthly.

### *If I need special equipment, how do I obtain it?*

Our occupational and physical therapists are adept at making recommendations for equipment including lighting for low-vision, wheelchairs and other adaptive equipment to be used in the home for daily activities. When your insurance covers the equipment, our therapists can provide documentation to permit insurance coverage.

### *How should I prepare for my first appointment?*

Please obtain a prescription from your doctor. Arrive 15 minutes early to complete paperwork or bring the completed [intake forms](#) with you. Bring your insurance card. A list of current medications is helpful in letting our therapists best understand your condition.