Live an Abundant Life®. Live to BeHome.

# Helping individuals and families live an Abundant Life®

BeHome Partners™ is a community-based Home Care Agency of Lutheran SeniorLife.

> Learn about our communities and career opportunities at www.lutheranseniorlife.org.



724-631-0200

317 South Main Street Zelienople, Pennsylvania 16063

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BeHome Partners™ does not exclude, deny benefits to or otherwise discriminate against any person on the grounds of race, color, national origin, ancestry, sex, religious creed, sexual orientation, handicap, or disability in admission to, participation in or receipt of the services and benefits of any program.

The staff of the agency will offer alternate materials if your vision, hearing or proficiency in English is limited.

# BeHome Partners™

A Home Care Agency of Lutheran SeniorLife





# BeHome Partners™

The needs of our aging population have changed. Older adults remain active and involved far longer today, and most of them want to continue living in the place they call home for as long as possible.

BeHome Partners™, Lutheran SeniorLife's innovative home care agency, is a community-based resource that allows older adults to live a rich, abundant life while remaining safely in their homes.

You can take the first step to independence by calling us at 724-631-0200. Our registered nurse will schedule a complimentary home visit to meet with you and your family. At the meeting, you can discuss your individual needs and learn about the home care services available that will allow you to remain independent. These services may be short-term for respite care or recovery from an illness, or they may be needed on a long-term basis.

Our home care staff members are selected for their capacity for empathy and compassion. They understand the aging process, care of the ill, and spiritual and cultural differences in our community. Caregivers are also aware of the conditions that may affect memory or cognition and utilize strategies to engage clients in meaningful and stimulating activities.

Above all, our services are delivered with integrity and dedication to the *Abundant Life*<sup>®</sup> mission of Lutheran SeniorLife. Our exemplary service gives you and your family the opportunity to live a fulfilling life.

#### HOME CARE SERVICES

#### Personal Care and Medications

Caregivers assist with all aspects of self-care including bathing, hygiene and dressing. They can also remind and encourage clients to take their medications but are not permitted to administer them.

### Companionship and Memory Support

Empathetic and compassionate caregivers are trained in the normal aging process and how to care for older people. They understand the conditions that may affect memory or cognition and provide companionship and mentally stimulating activities in addition to personal care.

### Light Housekeeping

Home care staff can help with light housekeeping, such as washing dishes, dusting, sweeping floors, removing trash, making beds, changing bed linens, mopping floors, vacuuming and washing the inside of windows. The staff helps to maintain an orderly home environment.

## Meal Planning and Preparation

Caregivers help with the cooking and serving of simple and nutritious meals within the client's budget and dietary restrictions. The client or family may also request the preparation of extra meals in advance. If assistance with feeding is necessary, the client must be in an upright position to prevent aspiration.

#### Shopping and Errands

Home care staff can run errands and shop for groceries if the client or family provides a list of items needed in time for the scheduled visit.

#### **Escort Services**

Caregivers can accompany and transport clients on the bus or in the client's car for appointments, errands, or even a shopping trip to the mall. They are not able to transport clients in their own vehicle.

BeHome Partners™ provides exceptional care while giving you peace of mind.

- Our employees are bonded and have successfully completed screening required to deliver services in the home.
- Criminal and reference checks have been completed.
- Our Home Care Agency is bonded and insured and in compliance with regulatory requirements for providing home care.

Call today to arrange an in-home meeting at no cost to you.

