



  
Lutheran  
SeniorLife  
Rehab Services

724-452-3492

Fax: 724-452-3407

[outpatienttherapy@lutheranseniorlife.org](mailto:outpatienttherapy@lutheranseniorlife.org)

**Passavant Community**

105 Burgess Drive  
Zelienople, PA 16063

**Center at the Mall**

Beaver Valley Mall  
Monaca, PA 15061

**St. John Community**

500 Wittenberg Way  
Mars, PA 16046

**LIFE Butler County**

231 West Diamond Street  
Butler, PA 16001



[www.lutheranseniorlife.org](http://www.lutheranseniorlife.org)

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ATTENTION: If you do not speak or understand English, language assistance services, free of charge, are available to you. Call (724) 742-2295 (TTY Relay Services 711)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (724) 742-2295 (TTY 711)

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero (724) 742-2295 (TTY 711)

# Visual Rehabilitation Program

*Promoting independence and improving  
quality of life with visual retraining*



  
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*As individuals age,  
they frequently experience  
changes in vision that may  
affect functional abilities,  
mobility and safety.  
The Occupational Therapists  
at Lutheran SeniorLife  
Rehab Services have  
developed a program to help  
individuals experiencing  
visual challenges achieve  
greater independence while  
improving their quality of life.*

# Visual Rehabilitation Program

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## OVERALL BENEFITS

Occupational Therapy low vision training techniques help clients:

- Use their remaining vision more effectively
- Improve their ability to read through vision retraining
- Function more successfully by modifying their activities
- Achieve maximum safety by implementing environmental modifications

## THE PROGRAM IS DESIGNED FOR

Individuals who have problems with:

- Recognizing faces of family and friends
- Watching television
- Reading smaller print
- Seeing steps or curbs
- Personal grooming
- Taking their medications correctly
- Cooking

Individuals who have been diagnosed with:

- Macular Degeneration
- Diabetic Retinopathy
- Vision loss related to stroke or brain injury



Standardized state-of-the-art visual testing is completed to establish an accurate visual baseline and assess progress. In addition to observing for functional abilities, these tests include:

- MN Read Charts
- Pepper Visual Skills for Reading Test
- Tangent Screen Exam
- Clock Face Test
- Lumen Sensor

## GOALS OF THE LOW VISION PROGRAM

- Safety in the place they call home
- Promoting or maintaining independence
- Maintaining the best quality of life related to activities requiring visual functioning

## Live an Abundant Life®...

The Occupational Therapist will evaluate one's living space by:

- Adapting appliances to make operating them easier
- Using contrast with color or texture allowing improved knowledge of surroundings
- Adapting the environment with use of lighting
- Adapting pill boxes
- Educating on low vision aids
- Eccentric viewing training to help manage blind spots

Lutheran SeniorLife also offers SilverSmart™. Consultations are available at Passavant Community to learn about available low vision aids using technology and adaptive devices.

To make a referral or for more information contact us at 724-452-3492.

*“Although my eyes will never get better, this program taught me how to look out of the perimeter of my eyes to see better and help me stay in my own home alone.  
It's all about staying independent.”*

– J.M

  
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